

November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
				10:30a- ADL 3:00p- 6:00p- Art Walk	10:30a- ADL 3:00p- Stretch Class w/Jen 4:00p- Practice or Movie	10:30a- Soccer Fan Club 2:00p- Essentials Shopping 4:30p- Tailgate at Saddleback
4	5	6	7	8	9	10
10:30a- Tennis with Lisa 3:00p- Make a snack 6:00p- Karaoke	10:30a- ADL 4:00p- Walk to Dinner 6:00p- Bingo w/Prizes	10:30a- ADL 3:00p- Walk w/Jen 4:00p-6:30p Boomer's w/Luis	10:30a- ADL 3:00p- Move to the Groove 5:30p- Basketball and Hot Tub	10:30a- ADL 3:00p- 6:00p- LOCA	10:30a- ADL 3:00p- Stretch Class w/Jen 4:00p- Practice or Movie	10:30a- Soccer Fan Club 11:00a- Veterans Day Celebration 6:00p-
11	12	13	14	15	16	17
12:00p- God Spell 5:30p- Pack your Lunch w/Rosa 5:30p- Gathering at the Koning's or Movie @Glennwood	Veterans Day (observed) 10:30a- ADL 3:00p- Obstacle Course 6:00p- Monday Night Football	10:30a- ADL 3:00p- Walk w/Lisa 6:00p- Game Night in Activities Room	10:30a- ADL 3:00p- Picture Day for Glennwood Residents 5:30p- Basketball and Hot Tub	10:30a- ADL 4:00p- Glennwood "Friendsgiving" 6:00p- Art Class w/LOCA	3:00p- Stretch Class w/Jen 6:00p- Outdoor Movie 6:00pm- Shabbat	10:30a- Soccer Fan Club 3:00p- Essentials Shopping 6:00p- Outdoor Movie and Popcorn
18	19	20	21	22	23	24
10:00a- Hula Hoop Exercise 3:00p- Pack your lunch w/Rosa 6:00p- Koning's House or Movie	10:30a- ADL 3:00p- Walk to Coffee 6:00p- Monday Night Football	10:30a- ADL 3:00p- Walk w/Lisa 4:00p- "Give Thanks" Cards	10:30a- ADL 3:00p- 6:00p- Movie's w/Shannon & Heather	Thanksgiving Day Happy Turkey Day	11:00a- Lunch Out 3:00p- Make a snack 6:00p- Movie at Glennwood	10:30a- ADL 2:00p- Mission Viejo Mall 6:00p- Bowling and Pizza
25	26	27	28	29	30	1
9:30a- Swap-meet 3:00p- Pack your lunch w/Rosa 6:00p- Jim's Birthday Celebration	10:30a- ADL 3:00p- 6:00p- Movies and Dinner w/Luis	10:30a- ADL 3:00p- Walk w/Lisa 6:00p- Walk to Dinner w/Friends	10:30a- ADL 3:00p- 6:00p- Balboa Island and Ice Cream	10:30a- ADL 3:30p- Yoga w/Winnie 6:00p-	11:00a- Lunch Out 3:00p- 3EE 6:00p- Trivia with Prizes	